



Family Counselling Clinic FCSS Leduc—County and City

The City of Leduc and Leduc County offer a subsidy for services through Karunia Counselling for all residents who meet two criteria:

- 1) gross family income less than \$75,000
- 2) no access to employee insurance benefits

These services are offered at the Karunia office as well as at our two outreach clinics in Thorsby and Devon.

To book an appointment through this program call the following:

City residents:

FCSS Leduc: 780-980-7109

County residents:

FCSS Leduc: 780-980 7109
(to meet at the office)

or FCSS Thorsby: 780-789-4004

or FCSS Devon: 780-987-8325

Town of Beaumont:

FCSS Beaumont: 780-929-3322



The Staff

The counselling staff are professional psychologists, marital and family therapists, and clinical counsellors. We also have Masters level interns working under supervision of a qualified psychologist and/or marital and family therapist.

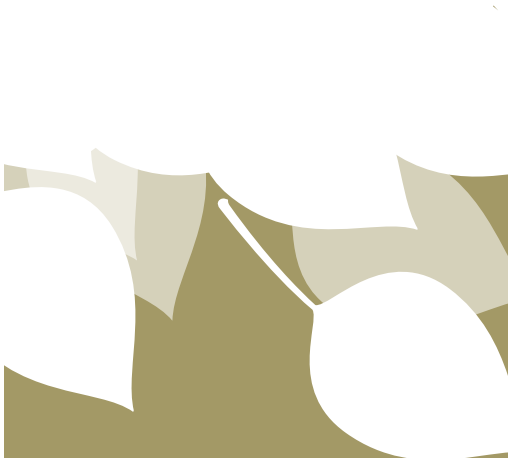
Fees

Fees for all clients are determined according to a sliding scale based on family income levels. Details are on our website.

Karunia Counselling Service

4701-49 Avenue, Leduc
T9E 7H8

phone: 780-628-3939
email: karunia.j@gmail.com
web: karunia.ca



Family, Couple, & Individual Therapy



Karunia Counselling

**For the fruit
(gift) of the
Spirit is love,
joy, peace,
patience,
kindness,
goodness,
faithfulness,
gentleness and
self-control.**

Galatians 5:22

**As a Marriage and Family
Counselling Service we work
primarily with you and your
relationships. How we are with our
loved ones is central to our health
and well-being. We always function
and grow as a member of a couple,
family or group. Our goals and
visions form in these circles.**

**In counselling each person is
encouraged to seek personal life
goals, within their unique situation.
Client and therapist work together
toward making changes for a better
life, beginning now.**

We provide support and consultation for:

- Communication skills
- Anger management
- Child and adolescent challenges
- Grief and loss
- Reconciliation Strategies
- Marriage preparation
- Life cycle changes

Assessment and coaching for self-management of:

- Anxiety
- Depression
- Bipolar Disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Oppositional Defiance Disorder (ODD)
- Obsessive Compulsive Disorder (OCD)
- Borderline Personality Disorder (BPD)

Group sessions will be offered on a regular basis from October – May. Check the website for topics and times.

Karunia “gift”

*Our gifts are the many
ways in which we express
our humanity.*

*They are part of who
we are:*

*friendship, kindness,
patience, joy, peace,*

*forgiveness, gentleness, love,
hope, trust and many others.*

*These are the true gifts we
have to offer to each other.*

Henri Nouwen: Life of the
Beloved